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**NASSAU COUNTY**  
**SCHOOL DISTRICTS**  
**CLASS SPECIFICATION**

**Title : ATHLETIC TRAINER**  
**Code : 220070 MDK**  
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**Competitive**

**GENERAL STATEMENT OF DUTIES**

Provides students and staff with information and training designed to minimize the number and severity of sports injuries; performs related duties as required.

**COMPLEXITY OF DUTIES**

Under general supervision, the duties require the use of judgment in implementing various methods of accident prevention, recovery, and safety measures.

**TYPICAL DUTIES**

- \* 1. Advises teachers and coaches relating to proper strength, development, and training programs for specific activities and sports.
- \* 2. Assists coaches and students in the proper selection, use, fitting, and care of protective equipment.
- \* 3. Instructs students, teachers, and coaches relating to the prevention of injuries, including the proper use of braces, taping, and other devices.
- 4. Assists the school physician in developing a plan to restore an injured student to full participation.
- \* 5. Provides appropriate follow-up procedures for the injured student after consultation with the treating physician and the school physician.
- 6. Evaluates the effectiveness of follow-up procedures, and reports progress of injured student to appropriate staff and health care professionals.
- 7. Supervises the school athletic training room, and maintains and orders supplies for the training room, and first aid kits for coaches.
- 8. Maintains records related to student participation-related injuries and illnesses.
- \* 9. In consultation with the school physician, establishes and directs emergency procedures to be used when injuries occur during class sessions, practice, or in competition.
- 10. Assists with annual health screening and testing procedures.

**\*TYPICAL ESSENTIAL FUNCTIONS**

**FULL PERFORMANCE KNOWLEDGES, SKILLS, AND ABILITIES**

1. Considerable knowledge of accident and illness prevention, safety measures, and recovery from athletic injuries and illnesses.
2. Knowledge of first aid, CPR, and emergency care.
3. Knowledge of administration of athletic training programs.
4. Knowledge of selection, use, fitting, and care of protective equipment.
5. Knowledge of anatomy and physiology.
6. Skill in applying therapeutic exercise according to established techniques.
7. Skill in providing appropriate follow-up procedures for the ill or injured student.

8. Ability to maintain accurate records and prepare oral and written reports.
9. Ability to express oneself effectively, both orally and in writing.
10. Ability to establish and maintain effective working relationships with associates.

**MINIMUM QUALIFICATIONS**

**Training and Experience**

Continuing possession of a valid certificate issued by the National Athletic Trainer's Association Board of Certification (NATABOC).

**Necessary Special Requirement**

Continuing possession of a valid First Aid or CPR certificate.

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